

Type:

- Wrist - Right Left
 Ankle- Right Left
 Vest/Belt Mittens

RESTRAINT MONITORING MEDICAL / SURGICAL FLOW SHEET

	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200	2300	0000	0100	0200	0300	0400	0500	0600
Monitoring q2h Observation/Interaction / Examination C = calm A = Agitated S = Sleeping																								
Release / Apply Restraints q2h Skin/Circulation I = intact W = warm B = broken C = cool																								
Q8 Hour Reassessment (Check indicates all were assessed) q8h - Behavior requiring restraint Reassessed - Less restrictive measure considered - Nutrition / Elimination Needs Met																								
Alternatives Attempted q8h (List the numbers of all that apply) 1) Eliminate bothersome treatment 2) Environmental Modifications 3) Reality Orientation 4) Diversional Activities 5) Companionship / Supervision 6) Providing Comfort measures 7) Medication Management/administration 8) Close observation by staff 9) Patient Education 10) Call Light within reach																								
DC = Discontinuation Criteria DC 1 = Patient is able to understand and follow verbal instructions. DC 2 = Patient no longer exhibits noted behavior. DC 3 = Significant change in patient's condition requiring intervention (i.e. Code Blue, Seizure, etc.)																								

Education: Patient / Family education handout and or verbal education provided: Yes (See patient Education Documentation) Family unavailable

Name	Initial	Title	Name	Initial	Title



Patient Label